

**NEXT STEP LIVING**

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## Family Program

Welcome to the *NEXT STEP LIVING* family. You are very important to us and we are thankful that you have chosen us to continue the healing process within your family. We encourage you to come, be our guest, and participate in our family program. We offer many opportunities to enhance your recovery. Our services include one family session, plus weekly contacts to discuss the progress and status related to your daughter. Our family coordinator will be available to arrange mutually convenient schedules, and provide you with information that will best facilitate your visits while you are our guest. Discharge planning will be a team effort.

We are committed to making your visits as rewarding and enjoyable as possible. Recovery is exciting and fun. At *NEXT STEP LIVING*, we strive to demonstrate a positive attitude, fun recovery and activities that confirm that belief. We teach and practice values which embrace honesty, respect and caring, like the gift of giving and responsibility that fosters a positive hope for the future.

We ask families to participate with a greater sense of openness and hope during your time with us and as alumni. We, coupled with the caring community of Celina, Texas, will demonstrate a healthy, productive lifestyle that empowers our residents to live and thrive in social settings. We embrace the challenges that young females encounter. With a structured schedule, and by living a healthy responsible and productive lifestyle, our residents will have the opportunity to continue developing positive self-esteem while learning to establish and maintain healthy relationships in all areas of their lives.

As your daughter grows within the therapeutic community of NSL, we are confident that you will also feel empowered as you experience your daughter and the family program.